IAHPC Opioid Essential Prescription Package (OEPP)

**Opioid:**
Morphine, oral, 5 mg every 4 hrs.

**Laxative:**
Combination of Senna and Docusate, oral, 8.6mg/50mg every 12 hrs.
OR:
Bisacodyl, oral, 5mg every 12 hrs.

**Antiemetic:**
Metoclopramide, oral, 10mg every 4 hrs OR as needed.

Ref: Vignaroli E, Bennett MI, Nekolaichuk C, De Lima L, Wenk R, Ripamonti CI, Bruera E. Strategic Pain Management: The Identification and Development of the IAHPC Opioid Essential Prescription Package. JPM First published online in DOI: 10.1089/jpm.2011.0296
Available in
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