RE: IAHPC’s June 2010 Newsletter

Dear Members and Colleagues:

The June edition of our newsletter is now on our website at URL: www.hospicecare.com/news/10/06/ An abbreviated edition may be found below.

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Best wishes,

Roberto Wenk, MD, Chair
William Farr, PhD, MD, Vice-Chair and Editor

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Message from the Chair and Executive Director

Dear readers:

Hello to all. This month we highlight three important issues:

First, this year’s World Hospice and Palliative Care Day will take place on October 9th. The World Day is celebrated the second Saturday of every year and it is an initiative of the Worldwide Palliative Care Alliance (WPCA).

The Aims of the World Day are:

- To share the vision to increase the availability of hospice and palliative care throughout the world by creating opportunities to speak out about the issues;
- To raise awareness and understanding of the needs - medical, social, practical, spiritual - of people living with life limiting diagnoses and their families; and
- To raise funds to support and develop hospice and palliative care services around the world.

The World Day is a call for action that asks people to get involved by organizing an event in their communities to raise awareness about hospice and palliative care, to highlight how good working partnerships between service providers, governments, hospitals, people living with the disease, carers and community members are vital to the provision of quality care.

Every World Day has a distinctive theme: the theme for 2010 is “Sharing the Care”.

We invite all of you to organize events to celebrate World Day in your hospice, community, hospital, palliative care setting or any other place you think might serve as a venue.

To learn more, share your stories and become involved, please click on www.worldday.org

Second, IAHPC in partnership with the Open Society Institute (OSI) gave a donation to the European Association for Hospice and Palliative Care.
Palliative Care (EAPC) to support the travel of individuals from developing countries to attend the EAPC 6th Research Congress in Palliative Care, that will take place June 10th – 12th in Glasgow, UK. A joint committee composed of EAPC and IAHPC members selected the following five grantees from a list of 17 applicants:

Zipporah Ali, National Coordinator, Kenya Hospices and Palliative Care Association from Nairobi, Kenya

Paulina Andrzejak, psychologist and clinical research coordinator at Dom Sue Ryder Association in Bydgoszca, Poland

Jovita Demskyte a nursing teacher at Kaunas University of Medicine and nurse at Kaunas Nursing Hospital/Hospice, in Kaunas, Lithuania

Stella Rithara Mwari, Clinical Palliative Care at Nairobi Hospice, Kenya

Elena Vvedenskaya, Physician, Palliative Care Programme Manager, Assistant Professor Regional Center for AIDS Control, State Medical University, Nizhny Novgorod, Russia.

Congratulations to the grantees – we hope that they will enjoy the congress and that their participation will provide them with additional tools and skills to improve research in their countries. We look forward to their reports after they return.

Third, last month we sent an invitation to individuals to apply for grants for travel to the 18th International Congress in Montréal on October 5-8, 2010. Many applicants have responded enthusiastically. This edition of the Newsletter includes the announcement with the criteria and instructions on how to apply. We look forward to more submissions.

Best wishes to all and until next month,

Roberto Wenk, MD
Chair, Board of Directors

Liliana De Lima, MHA
Executive Director

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IAHPC Traveling Fellow’s Report

Victoria Hospice, Canada, and B.P. Koirala Memorial Cancer Hospital (BPKMCH), Bharatpur, Nepal, have been in a twinning partnership for the past few years.

Thanks to a Traveling Fellowship grant I received from IAHPC, I was able to travel to Bharatpur where palliative care services continue to grow. There is a twelve-bed inpatient palliative care unit, an outpatient palliative care clinic and an inpatient consultation service available to other parts of the hospital. There is a dedicated palliative care physician and 6 nurses...

Observations

...There are gaps in services such as follow-up care in the community and psychosocial issues that result from a practice of withholding the diagnosis and prognosis from patients...

Future plans

We will continue to build our relationship with Bharatpur Hospice through on site visits, correspondence, providing written materials, training and teaching and offering funds for needed items. We also hope to provide funds for staff members to continue to attend professional development programs and to share this information with professionals in other parts of the country.

Conclusion

Our twinning project has accomplished a great deal even though there is a tremendous amount of work ahead of us... I wish to thank the International Association for Hospice and Palliative Care for providing the funding for my Traveling Fellowship.

Ms Susan Breidal
PhD student in Education-Curriculum and Development and in Intercultural Communication and counselor at Victoria Hospice Society in Canada.

To read the entire report please click on the following link.

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IAHPC Traveling Scholar’s Report

I lack the words to describe the amazing experience I had at The Harvard Medical School Program in Palliative Care Education and Clinical Practice, April 27th to May 4th, 2010. This course provided me with the best learning experience that I’ve ever had. Maybe this is because I live in an ex-communist country where the educational process
is not very interactive, more authoritarian and lecture based…

As a palliative care specialist and nurse trainer, I feel that I have reached the next level in my profession development where I can serve as a role model for my nursing team.

The first week of the course that I recently completed is only the beginning. It is followed by e-learning case presentations and studies that occur weekly over the next 6 months. In November, I complete the course after I spend a second week at Harvard. I’m very excited to think about what’s next?

I express my deep gratitude to the IAHPC for making this learning opportunity possible.

Nicoleta Mitrea, Director of Nursing and Nursing Education Coordinator for the Palliative Care Nursing Education in Romania and in the Region

Hospice Casa Spérantei, Brasov, Romania

Read the full report at www.hospicecare.com/news/10/06/traveling_scholars.html

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**Article of the Month**

**Impact of setting of care on pain management in patients with cancer: a multicentre cross-sectional study**

D. Sichetti 1 , E. Bandieri 2 , M. Romero 1 , K. Di Biagio 1 , M. Luppi 3 , M. Belliglio 1 , G. Tognoni 1 & C. I. Ripamonti 4 for ECAD Working Group

… The ECAD-O group (Epidemiologia Clinico-Assistenziale del Dolore in Ospedale) was established to provide surveillance of pain management during routine care in a multicentre network of hospitals and in multidisciplinary working groups.

A multicentre cross-sectional study was conducted in 48 hospitals in 13 Italian regions. The aim was to determine if the location of care (an oncological service compared to non-oncological service such as general surgery, internal medicine or orthopaedics) has an impact on the effectiveness of pain treatment in cancer patients…

**The results of the study show:**

There were differences in the frequency of use of the various classes of analgesic drugs administrated in the settings of care: 19.6% used non-opioids in the non-oncological setting vs 7% in the oncologic setting (p < 0.0001). Strong opioids were used more often in oncological units 69.5% vs 51.9% in the non-oncological setting.

The number of patients receiving inadequate therapy (PMI <0) was 11.3% vs 18.8% (p=0.0024) in oncological vs non-oncological units respectively.

Multiple logistic regression analysis showed that the admission to non-oncological setting and the absence of metastatic disease were independent factors associated with an increase risk of receiving an inadequate analgesic therapy.

*This study was summarized by Dr. Carla Ripamonti (Italy) who is also one of the authors. Dr. Ripamonti is a member of the Board of IAHPC.*

*To read the entire review please click on the following link*


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**Palliative Care Book of the Month**

**BE THE NOODLE.** 50 Ways to be a Compassionate, Courageous, Crazy-good Caregiver.

Lois Kelly

A down to earth help for caregivers. Good read.

Read the review at www.hospicecare.com/news/10/06/reviews.html

**Other Reviews**

**OPIOIDS IN CANCER PAIN.** 2nd Ed. Davis, Glare, Quigley and Hardy (Eds)

Most comprehensive text on opioids and cancer pain.

Read the review at www.hospicecare.com/news/10/06/reviews.html#review2

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**SPIRITUAL DIVERSITY IN SOCIAL WORK PRACTICE.** 2nd Ed. The Heart of Helping. Canda and Furman
WHEN KIDS ARE GRIEVING. Addressing grief and loss in school. Burns
A user-friendly overview of the management of grief and loss in children.
Read the review at www.hospicecare.com/news/10/06/reviews.html#review4

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BETTER CANCER CARE. A Systemic Approach To Practice. Forbatt, Hubbard and Kearney
A better approach to cancer care?
Read the review at www.hospicecare.com/news/10/06/reviews.html#review5

Reviews by Roger Woodruff, MD (Australia) Dr. Woodruff is a member of the Board of IAHPC
To read Dr. Woodruff’s biography please go to http://www.hospicecare.com/Bio/r_woodruff.htm

Announcements

IAHPC has grants for travel to the 18th International Congress on Palliative Care

The International Association for Hospice and Palliative Care (IAHPC) will provide 10 scholarships to palliative care workers from developing countries to attend the 18th International Congress in Montréal on October 5-8, 2010. The congress organizers have put together a comprehensive program with sessions in English, French and Spanish. See the Congress program in http://www.palliativecare.ca/

Applications are accepted from individuals from all health professions and an effort will be made to have a balanced regional representation. Palliative care workers from Asia, Eastern Europe, Latin America and Africa are welcome to apply.

Preference will be given to applicants who meet the following criteria:

- Are at least 50% dedicated to palliative care in their current work
- Have not received grants from IAHPC in the past 2 yrs
- Graduated less than 10 years ago from specialty or medical school
- Have an accepted abstract for poster / oral presentation

The deadline to submit posters to the congress was May 30th.
The deadline to apply for this traveling scholarship is July 15th.

Deadline to apply for this traveling scholarship is July 15th.

The congress organizers will be giving a reduced registration fee to applicants from low and middle income countries.

Those interested in applying for a grant to attend this meeting, need to complete a Traveling Scholarship application through our website at http://www.hospicecare.com/Travellscholars/

To apply, individuals must be IAHPC members. If you are not a member, you can join IAHPC by clicking on www.hospicecare.com/join.htm

Once you have completed your application, please submit a copy of your CV to trozo@iahpc.com

We look forward to your submissions!

IAHPC
5535 Memorial Dr. Suite F - PMB 509
Houston TX 77007 USA
http://www.hospicecare.com

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From National Health Service- supportive and palliative care

Dear all,

Each month there is a wide range of new items added to the NHS Evidence specialist collection on supportive and
palliative care...

Users who cannot easily access the web links from their email software should access the full list via the link near the top of the home page: [http://www.library.nhs.uk/palliative/](http://www.library.nhs.uk/palliative/) or

See the full lists of new records added each month

Best wishes,

Richard Stevens, Project Manager, NHS Evidence - supportive and palliative care

To read the entire list for the past month, please [click here](http://www.library.nhs.uk/palliative/)

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**Australasian Palliative Link International (APLI)**

The April issue of the APLI Newsletter is now on their site at:

[http://www1.petermac.org/apli/newsletters.htm](http://www1.petermac.org/apli/newsletters.htm)

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**International Palliative Care Network’s Poster Exhibition - 2010**

Palliative Care Network Community (PCNC) is pleased to announce the hosting of the International Palliative Care Network Poster Exhibition - 2010. This is an online poster exhibition open to all palliative care professionals from across the globe. Lead authors of all accepted posters will receive an e-certificate. The top 1st, 2nd and 3rd posters will receive US$500, US$300 and US$200 respectively. Participation is free. The poster is to be presented on a Power Point template that is provided.

**The last date of submission is August 31, 2010.**
For details, please visit: [http://www.pcn-e.com/community/pg/profile/Posters2010](http://www.pcn-e.com/community/pg/profile/Posters2010)

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**International Palliative Care Family Carer Research Collaboration**

Dear Colleagues,

Please refer to the following link for the latest International Palliative Care Family Carer Research Collaboration Newsletter.


We would appreciate if you could pass this on to your colleagues via your networks.

Thank you for your interest in this initiative.

Kind regards

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**The Egyptian Society for the Management of Pain and The International Association for the Study of Pain announce 2010 Conference in Egypt**


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**Webmaster’s Corner**

**Website of the month**

This month we present "European Association for Palliative Care (EAPC)"

European Association for Palliative Care (EAPC) strives to develop and promote palliative care in Europe through information, education and research using multi-professional collaboration, while engaging with stakeholders at all levels.
